



**When:** Friday, 11/11/2011

**Time:** 5:10 pm to 6:00 pm

**Cost:** \$12.00 or use fitness punch pass  
(first time guests only \$7.00)

**Location:** Dance & Company (Instructor: Michele Jones)

**Address:** 6635 Flanders, Suite D  
San Diego, CA 92121

**Attire:** Workout clothes, Caribbean style or vibrant colors



[www.danceandcompany.com](http://www.danceandcompany.com)

[www.zumbawithmichelej.com](http://www.zumbawithmichelej.com)